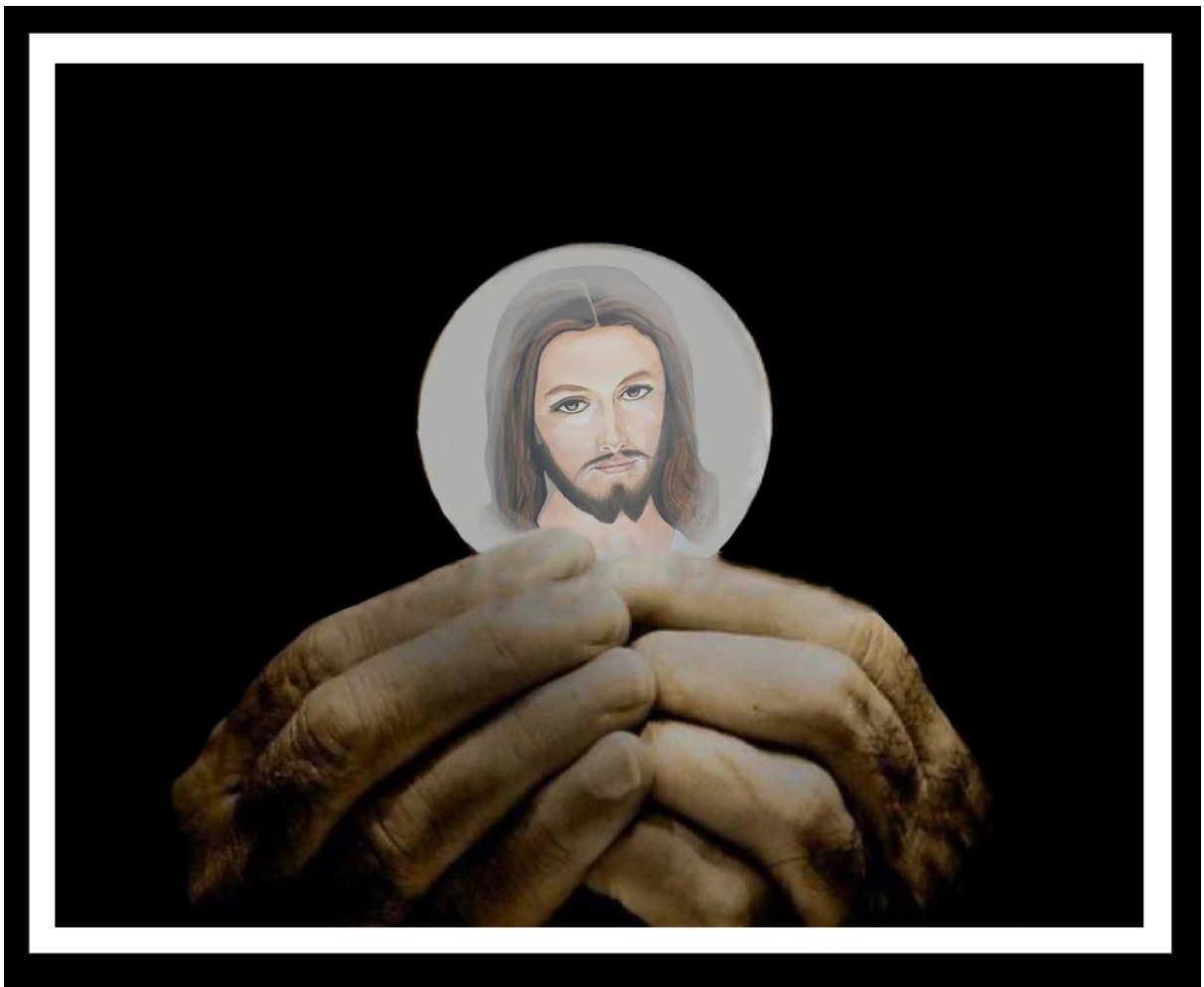


GRACE AND MERCY



Copyright © June 2023
May be downloaded for personal use only.
Rev. Fr. Dr. Michael van Heerden
June Assheton-Smith

TABLE OF CONTENTS

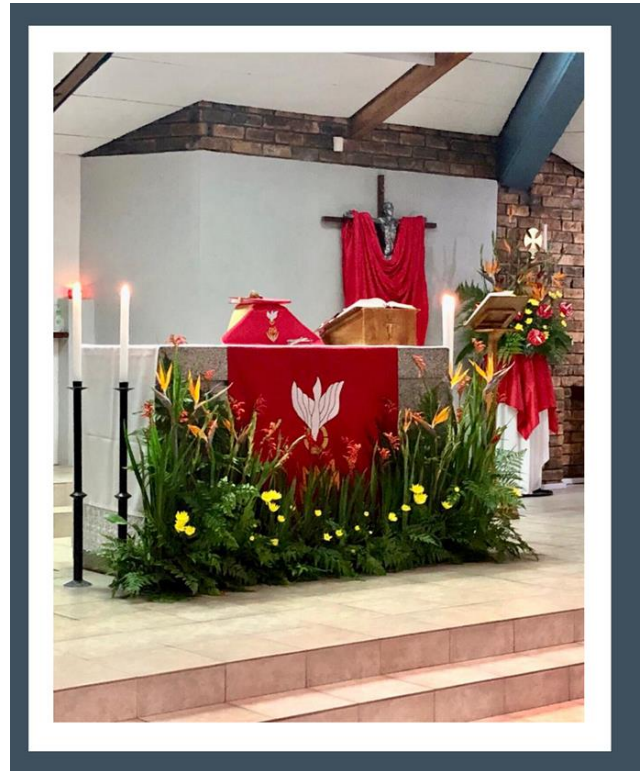
PRAYER TO THE HOLY SPIRIT	1
ETERNAL GOD	1
PRAYER TO SAINT MICHAEL	1
THE ROSARY OF PROVISION FOR TIMES OF SCARCITY AND FAMINE.....	2
PRAYER TO MARY.....	4
PRAYER TO THE SHOULDER WOUND OF CHRIST.....	4
PRAYER TO DEFEAT THE WORK OF SATAN.....	5
PRAYER TO SAINT MICHAEL	5
PRAYER FOR PRIESTS	6
FOR THE UNBORN	6
PRAYER TO JESUS.....	6
HYMN TO THE BLESSED SACRAMENT.....	7
PRAYER FOR WISDOM AND DISCERNMENT.....	8

PRAYER TO THE HOLY SPIRIT

In the name of the Father and of the Son and of the Holy Spirit. Amen.
Come Holy Spirit fill the hearts of Thy faithful and enkindle in them the fire of Thy love. Send forth Thy Spirit and They shall be created. And Thou shalt renew the face of the earth.

Let us pray:

O God, who by the light of the Holy Spirit, didst instruct the hearts of the faithful grant that in the same Spirit we may truly be wise and ever rejoice in His consolation, through Christ Our Lord.
Amen.



ETERNAL GOD

Eternal God, in whom mercy is endless and the treasury of compassion is inexhaustible, look kindly upon us and increase Your Mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your Holy Will, which is Love and Mercy itself.
Amen.

PRAYER TO SAINT MICHAEL

Saint Michael the Archangel, help us against the evils which threaten the Salvation of our souls.

Guide us to build up our spiritual Life and assist us with the means of obtaining Graces, Virtues, Gifts of the Holy Spirit and the Sacraments, which keep us in a Holy State at all times.

Saint Michael, place your sword at my door and at the foot of my bed; in front of my car when I drive and by my side when I walk and guard and protect me against all evil and all temptation.
Amen.

THE ROSARY OF PROVISION FOR TIMES OF SCARCITY AND FAMINE

O infinite Mercy of God, which you provide to men of good will, to those in need, to widows and orphans, covering their material and spiritual needs; open the pantries of heaven and in the Name of the Father, in the Name of the Son, and in the Name of the Holy Spirit, send me the provision I need to accomplish my needs of this day.

State your intentions

I believe in God, the Father almighty, creator of Heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried, he descended into hell; on the third day, he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting.

Begin the decades with:

Our Father prayer

Next say:

I can have grace and mercy even in times of need.

Followed by 10:

In the name of God One and Triune, Divine Mercy provide for me.

Do the above for the next remaining 4 decades.

End with Psalm 136.

Give thanks to the Lord, for he is good,
for his steadfast mercy endures forever.
Give thanks to the God of gods,
for his steadfast mercy endures forever.
Give thanks to the Lord of lords,
for his steadfast mercy endures forever;

to him who alone does great wonders,
For his steadfast mercy endures forever;
to him who by understanding made the heavens,
for his steadfast mercy endures forever;
to him who spread out the earth above the waters,
For his steadfast mercy endures forever;

to him who made the great lights,
for his steadfast mercy endures forever;
the sun to rule over the day,
for his steadfast mercy endures forever;
the moon and stars to rule over the night,
for his steadfast mercy endures forever;

to him who struck down the firstborn of Egypt,
for his steadfast mercy endures forever;
and brought Israel out from among them,
for his steadfast mercy endures forever;
with a strong hand and an outstretched arm,
for his steadfast mercy endures forever,

to him who divided the Red Sea in two,
for his steadfast mercy endures forever;
and made Israel pass through the midst of it,
for his steadfast mercy endures forever ;
to him who led his people through the wilderness,
for his steadfast mercy endures forever;

to him who struck down great kings,
for his steadfast mercy endures forever;
and killed mighty kings,
for his steadfast mercy endures forever;
Sihon, king of the Amorites,
for his steadfast mercy endures forever;
and Og, king of Bashan,
for his steadfast mercy endures forever;
and gave their land as a heritage,
for his steadfast mercy endures forever;
a heritage to Israel his servant,
for his steadfast mercy endures forever.

It is he who remembered us in our low estate,
for his steadfast mercy endures forever;
and rescued us from our foes,
for his steadfast mercy endures forever;
he who gives food to all flesh,
for his steadfast mercy endures forever;

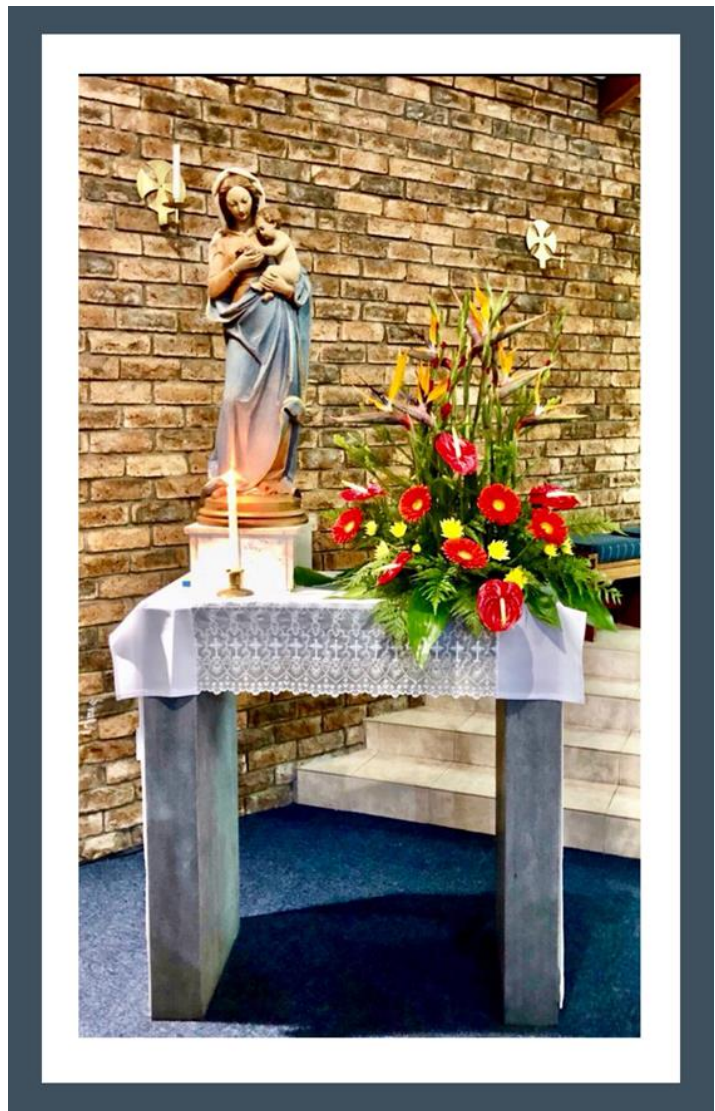
Give thanks to the God of heaven,
for his steadfast mercy endures forever.

Amen.

PRAYER TO MARY

Hail Mary, White Lily of the Glorious and always serene Trinity. Hail brilliant Rose of the Garden of heavenly delights.

O you, by whom God wanted to be born and by whose milk the King of Heaven wanted to be nourished! Nourish our souls with effusions of divine grace.
Amen.



PRAYER TO THE SHOULDER WOUND OF CHRIST

O loving Jesus, meek Lamb of God I miserable sinner, salute and worship the most Sacred Wound of Your Shoulder on which You did bear Your heavy Cross, which so tore Your flesh and laid bare Your Bones as to inflict on You anguish greater than any other wound of Your Most Blessed Body. I adore You, O Jesus most sorrowful: I praise and glorify You, and give You thanks for this most sacred and painful Wound, beseeching You by that exceeding pain, and by the crushing burden of Your heavy Cross to be merciful to me, a sinner, to forgive me all my mortal and venial sins, and lead me on towards Heaven along the Way of Your Cross.
Amen.

PRAYER TO DEFEAT THE WORK OF SATAN

O Divine Eternal Father, In Union with your Divine Son and the Holy Spirit, and through the Immaculate Heart of Mary, I beg You to destroy the Power of your greatest enemy - the evil spirits.

Cast them into the deepest recesses of hell and chain them there forever! Take possession of your Kingdom which You have created and which is rightfully yours.

Heavenly Father, give us the reign of the Sacred Heart of Jesus and the Immaculate Heart of Mary.

I repeat this prayer out of pure love for You with every beat of my heart and with every breath I take.

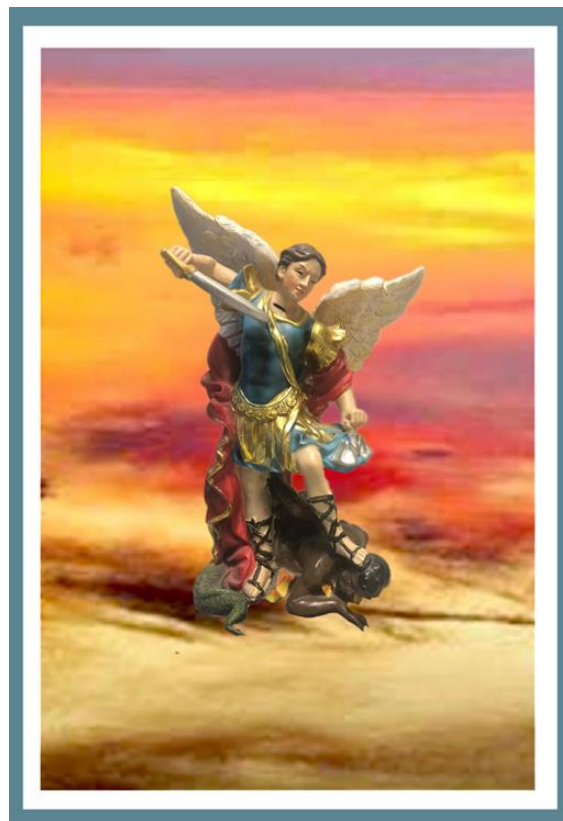
Amen.

PRAYER TO SAINT MICHAEL

Saint Michael,

Enlighten our minds with the light of God, that we may come to understand His Divine Mercy and His good and perfect will for us, and to know and understand all that we must do, and to know all that we should despise and avoid.

Amen.



PRAYER FOR PRIESTS

Keep them, I pray thee, dearest Lord,
Keep them for they are Thine -
Thy priests whose lives burn out before
Thy consecrated shrine
Keep them, for they are in the world,
Though from the world apart
When earthly pleasures tempt, allure
Shelter them in Thy heart.
Keep them, and comfort them in hours
Of loneliness and pain,
When all their life of sacrifice
For souls seems but in vain.
Keep them, and O remember, Lord,
They have no one but Thee,
Yet they have only human hearts,
With human frailty.
Keep them as spotless as the Host,
That daily they caress
Their every thought and deed
deign, dearest Lord, to bless.
Amen.

FOR THE UNBORN

For all the helpless little children who die in the womb of their mother, I pray that all of these little souls will be given eternal life by Our Lord, Jesus Christ, through his Divine Mercy and I beg Jesus that I be allowed to spiritually baptize a little soul born dead and I do so by saying: I baptize you (Give name, preferably a Saints Name) in the name of the Father and of the Son and of the Holy Spirit. I have called you by your name, you are Mine.

PRAYER TO JESUS

Most Merciful Jesus, whose very nature it is to have compassion and forgive us, do not look upon our sins, but on the trust we place in your infinite goodness. We beg You, turn Your merciful gaze on all mankind and especially poor sinners, enfold them in Your Most Compassionate Heart, that we may praise the infinite power of Your Mercy for ever.
Amen.

HYMN TO THE BLESSED SACRAMENT

Hail our Saviour's glorious Body,
Which his Virgin Mother bore;
Hail the Blood, which shed for sinners,
Did a broken world restore;
Hail the sacrament most holy,
Flesh and Blood of Christ adore!

To the Virgin, for our healing,
His own Son the Father sends;
From the Father's love proceeding
Sower, seed, and Word descends;
Wondrous life of Word incarnate
With his greatest wonder ends!

On that paschal evening see him
With the chosen twelve recline,
To the old law still obedient
In its feast of love divine;
Love divine the new law giving,
Gives himself as Bread and Wine!

By his word the Word almighty
Makes of bread his flesh indeed;
Wine becomes his very lifeblood:
Faith God's living Word must heed!
Faith alone may safely guide us
Where the senses cannot lead!

Come adore this wondrous presence;
Bow to Christ, the source of grace!
Here is kept the ancient promise
Of God's earthly dwelling place!
Sight is blind before God's glory,
Faith alone may see his face!

Glory be to God the Father,
Praise to his coequal Son,
Adoration to the Spirit,
Bond of love, in Godhead one!
Blest be God by all creation
Joyously while ages run!

"Jesus, Mary, I love You, Save souls, save the consecrated".

PRAYER FOR WISDOM AND DISCERNMENT

Dear Holy Spirit

The prophet Isaiah (Is 11:1- 3) tells us that the ordinary gifts given to all in baptism and confirmation are knowledge, understanding, wisdom, counsel, piety, fear of the Lord and fortitude. Make me open to let my knowledge grow - deepen that knowledge into understanding, so that your wisdom can take root in my life. That wisdom reflects your own Being for "she knows and understands all things and will guide me discreetly in all my affairs (Wisdom 9: 11). It is that wisdom coming from You, Holy Spirit, that enables us to direct our lives and also give counsel to others, enables us to have piety and fear of the Lord. Through wisdom: "the paths of those on earth are made straight and people earn what is Your pleasure" (Wisdom 9: 18). Help me to see that my life is a pilgrimage to the joys of Your Kingdom - let the joy of Your wisdom give me the fortitude to persevere. "Those who trust in God shall understand truth and the faithful shall abide with Him in love - because grace and mercy are with His holy ones and His care is with the elect" (Wisdom 3: 9).

Amen

Rev. Fr. Dr. Michael van Heerden

